



24/7 medical and nursing care, with you when you need it most.



## Welcome to your new home

Our newly refurbished Kensington House Care Suites are warm, secure and beautifully furnished, ready and available right now.

We have just 16 care suites in total, well equipped, comfortable and roomy (between 30-40sqm). Each suite offers full hospital level medical and nursing care around the clock. You or your loved one can receive daily, personal, prioritised medical attention from familiar faces in the privacy of your own home.

**Kensington House Care Suites are offered under a Licence to Occupy** and are available for both short or long-term care as well as respite care, pending room availability.

#### At Kensington House, we are guided by the REAL model of care.

As part of our admission process, **REAL** profiling informs both interim and long-term care planning, ensuring every resident's journey is shaped through partnership, respect, and inclusion.



**Relationships** – Building meaningful connections between residents, families, and staff.



**Empowerment** – Supporting residents to make choices and maintain independence.



**Approach** – Delivering truly person-centred care that values individuality.



**Life Story** – Recognising each resident's unique history, experiences, and identity.





# Ready when you are

If you'd like to learn more, get in touch with Lyn Ellis 021 845 524 or Lyn.Ellis@realliving.co.nz



Care Suites are subject to availability and terms, conditions and exclusions apply.



# **Support on your journey**

Working in partnership, it's important that all voices are heard. During monthly meetings residents and whānau are encouraged to provide feedback on care, activities, food or any other matters.

Beyond our standard care we also provide the following services:

- **Medication** Our nursing team ensures all medicines are kept in secured storage, handled with the highest safety standards, and dispensed accurately to each resident.
- **Physiotherapy** We can help organise physiotherapy through trusted external providers to support residents in developing and maintaining their functional ability.
- **Podiatry** Regular podiatry visits are available, and special appointments can be arranged when needed.
- External Appointments We can help organise transportation for residents who need to attend external specialists, medical centres, dental clinics, radiology, or hospital services.

### Your new home

Your new care suite has all the comforts of home. Enjoy your favourite programme on the big 40" TV from your wonderfully comfy, adjustable lounger-style recliner chair. The open-plan lounge, dining and kitchenette area includes a small fridge.

Each suite includes a fully adjustable hospital bed, generous wardrobe, and a large ensuite. There are surrounding decks available to enjoy the sunshine, birdlife and views of the gardens.

Kensington House offers a variety of social activities for friends and family to enjoy.



The sunny social room gets the best of the morning sun – the perfect spot for that cuppa to start your day. This room is flooded with sunlight and warmth, a favourite social gathering spot to catch up with family, friends and neighbours. Or visit the large TV room just down the hall.

#### **Services & facilities**

Meals / daily morning and afternoon tea

Care / Nursing staff 24/7

Doctor visits (dedicated facility General Practitioner)

Client Advocacy

Dry Cleaning service

Hairdresser

Interpreter

Laundry Service

Library

Telephones / Internet

Mail Service



#### **Social activities**

Art and Crafts	Bus trips
Music	Movies
Quizzes	(held in our 45 seat Cinema)
Flower arranging	Exercises and movement
Bowls	Tai chi
Bingo	Qigong and meditation

Our commitment to continuous improvement has been recognised by the Ministry of Health for boosting cognitive function and reducing falls and we are proud to be a finalist in the 2025 NZ Aged Care Association Awards.



